

Developmental Milestones

American Academy of Pediatrics

3 Months

When your baby is lying on his back, does he move each of his arms equally well? Check "No" if your baby makes jerky or uncoordinated movements with one or both of his arms or legs, or uses only one arm all the time.

Yes No

Does your baby make sounds such as gurgling, cooing, babbling, or other noises besides crying?

Yes No

Does your baby respond to your voice?

Yes No

Are your baby's hands frequently open?

Yes No

When you hold your baby in the upright position, can she support her head for more than a moment?

Yes No

6 Months

Have you seen your baby play with his hands by touching them together?

Yes No

Does your baby turn her head to sounds that originate out of her immediate area?

Yes No

Has your baby rolled over from his stomach to his back or from back to stomach?

Yes No

When you hold your baby under her arms, can she bear some weight on her legs?

Check "Yes" only if she tries to stand on her feet and support some of her weight.

Yes No

When your baby is on his stomach, can he support his weight on outstretched hands?

Yes No

Does your baby see small objects such as crumbs?

Yes No

Does your baby produce a string of sounds?

Yes No

Does she react to the emotions of others?

Yes No

Does your baby begin to relax when you read him a bedtime story?

Yes No

Does your baby notice herself and her actions in a mirror?

Yes No

Does your baby reach out for you to pick him up?

Yes No

9 Months

When your baby is playing and you come up quietly behind her, does she sometimes turn her head as though she hears you? (Loud sounds do not count) Check "Yes" only if you have seen her respond to quiet sounds or whispers.

Yes No

Can your baby sit without support and without holding up his body with his hands?

Yes No

Does your baby crawl or creep on her hands and knees?

Yes No

Does your baby hold his bottle?

Yes No

Does your baby deliberately drop or throw toys?

Yes No

Does she bang, strike, and shake her toys?

Yes No

When you show your baby a book, does he get excited, then try to grab and taste it?

Yes No

Is your baby wary of unfamiliar people?

Yes No

Does your baby make sounds that use vowels and consonants?

Yes No

12 Months

When you hide behind something or around a corner and then reappear, does your baby look for you and eagerly plan for you to reappear?

Yes No

Does your baby pull up to stand?

Yes No

Does your baby walk holding on to furniture?

Yes No

Does your baby make "ma-ma" or "da-da" sounds? Check "Yes" if she makes either sound.

Yes No

Does your baby say at least one word?

Yes No

Is your baby able to locate sounds by turning his head?

Yes No

Does your baby imitate familiar adult behavior, such as using a cup or telephone?

Yes No

Does your baby turn her books face up, but turn several pages at once?

Yes No

Does your baby look for and find toys?

Yes No

Does your baby eagerly explore objects and spaces?

Yes No

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18 Months

Can your child hold a regular cup or glass without help and drink from it without spilling?

Yes No

Can your child walk all the way across a large room without falling or wobbling from side to side?

Yes No

Does your child take off his shoes by himself?

Yes No

Does your child feed himself?

Yes No

Does your child clearly look to his parents in stressful situations?

Yes No

Does your child have temper tantrums?

Yes No

Does your child say at least 4 to 10 words?

Yes No

Does your child point to a picture that you name in a book?

Yes No

Does your child pretend to talk?

Yes No

2 Years

Can your child say things like “all gone”, “go bye-bye”, or other two-word sentences?

Yes No

Does your child say about 50 words?

Yes No

Can your child take off clothes such as pajamas (tops or bottoms) or pants? (Diapers, hats, and socks do not count.)

Yes No

Does your child run without falling?

Yes No

Does your child look at pictures in a picture book?

Yes No

Does your child carry around a favorite book and pretend to read it to you?

Yes No

Does your child tell you what she wants?

Yes No

Does your child repeat words others say?

Yes No

Does your child point to at least one named body part?

Yes No

Does your child participate in play with other children?

Yes No

Does your child show increasing independence, wanting to do things his way?

Yes No

Does your child like to collect or hoard things?

Yes No

As a parent, you are in the best position to note these subtle aspects of your child's behavior. These clues signal that your child's development is on schedule or that something might be wrong. A “No” answer to any of the questions may be a warning sign. Make sure to bring it to your pediatrician's attention, and call Help Me Grow. Remember, these milestones are an aid, not a test.

**Summit County
Help Me Grow
330.376.7273**

***Serving expectant mothers, and
families with children
under the age of 3.***